

Please help me lead this effort next Friday and all throughout the month of February as we focus on heart disease in women.

Get out your red dresses, hats, scarves, shirts, skirts, ties, Converse All-Stars, or whatever you can imagine and wear it on Friday!
(We love pictures, too!) Thanks!

Wear Red Day - February 3rd!

On Friday, February 3, 2012, National Wear Red Day, Americans will wear red to show their support for women's heart health.

This provides an opportunity for employees in Boston to unite in the life-saving awareness-to-action movement by putting on a favorite red dress, red shirt, red shoes, red scrubs or red tie. Together, we continue to urge women to protect their hearts, as heart disease is the #1 killer of women.

For more information www.womenshealth.va.gov